

PRESS RELEASE

Sports Authority of Assam

Dated: 19th December, 2020.

THREE DAY SWIMMING WORKSHOP CONCLUDES

The three-day workshop for swimming coaches, organized by the Sports Authority of Assam in association with the Assam Swimming Association, concluded at Sarusajai in Guwahati today. 18 Swimming coaches from across the State took part in the Workshop. During the workshop, experts took sessions on various subjects relevant to training in swimming.

Today's speakers included Sri Babul Gurung, State Team Coach who spoke about Novice Training, Sri Tapan Panigrahi, Former Senior Swimming Coach at SAI who spoke about Swimming Techniques, Sri Rabindra Modak, Former Senior Swimming Coach at SAI who spoke on the Principles of Training & Training Methods applied in Swimming and Sri. Rajib Dey, Sports Officer, IIT, Guwahati who spoke on the Basic Swimming & its Importance.

The purpose of the workshop was to impart necessary knowledge and skill to swimming coaches, operating at the grassroots level in the State.
